

PREPARING FOR YOUR NEXT MAMMOGRAM at Manatee Diagnostic Center

If possible, schedule your mammogram for 7-10 days after menstruation begins.

- Bring your previous mammogram films, or request they be sent to the Manatee Diagnostic Center so they can be compared to the new ones.
- On the day of your mammogram, don't wear deodorant or powder on your breasts or in the underarm area. Such substances can cause artifacts on the image, making it necessary to repeat the mammogram.
- Before the test, you will be asked to change into a special gown in a private dressing room.
- The technologist will take you to an exam room and explain what films will be needed. They must compress your breasts to visualize the internal structures properly. They will be using the SmartCurve™ breast stabilization system, designed to deliver a more comfortable mammogram.
- After the test, you will return to the dressing room. Your results will be read by our radiologists and you will receive results from your physician.
- When it's time for your next mammogram, return to the Manatee Diagnostic Center so your new images can be compared quickly and accurately to your previous ones.

Don't wait!

Call us at **941.747.3034** today to schedule your mammogram at any of our four locations:



Riverside - 3D Mammogram Available
300 Riverside Drive East, Ste 4300 (4th Floor)
Bradenton, FL 34208

Pointe West - 3D Mammogram Available
2301 60th St Ct W, Ste C
Bradenton, FL 34209

Parrish - 3D Mammogram Available
11255 US Hwy 301 North #105
Parrish, FL 34219

Arcadia
833 N Robert Ave
Arcadia, FL 34266



A Member of the Manatee Healthcare System
manateediagnostic.com

Physicians are on the medical staff of Manatee Memorial Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Manatee Memorial Hospital. The hospital shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 194718-6462 12/19



Scheduling: 941.747.3034



*Early detection offers
THE BEST HOPE
for a cure.*

Manatee Diagnostic Center (MDC) features advanced technology

MDC offers the Hologic® Genius™ Clarity HD high-resolution 3D Mammography™ Exam with the new SmartCurve™ breast stabilization system at Riverside, Pointe West and Parrish locations, featuring:

- More precise and deeper images to help detect invasive cancers early and reduce false positives.
- SmartCurve™ is an FDA-approved system that offers a curved surface to mirror the shape of a woman's breast to reduce pinching and provide improved comfort, even for women with dense breasts.*
- 93 percent of women who reported moderate to severe discomfort with standard compression, noted this is a more comfortable mammogram.**

*Smith, A. Improving Patient Comfort in Mammography. Hologic WP-00119 Rev 003 (2017)

**Data on file and from public sources, 2017, Hologic, Inc.

Other services include:

- **Computer Aided Detection (CAD)** – provides a "second read" of mammograms by a computer, assisting the radiologist in making an accurate diagnosis.
- **Breast Ultrasound** – a noninvasive medical test that can produce an image of the internal structures of the breast.
- **Breast MRI** – provides screening for women who are at increased risk of breast cancer and can detect additional areas of breast cancer in women who are newly diagnosed. MRI can also be used as a problem-solving tool if there is suspicion of an abnormality that cannot be fully evaluated by mammography and ultrasound.
- **Affirm® Breast Biopsy Guidance System** – allows the patient to remain upright while providing 3D image-guidance to the lesion.

- **Stereotactic Breast Biopsy** – allows the patient to lie down for better access to hard-to-reach lesions and calcifications.
- **Ultrasound Guided Breast Biopsy** – uses sound waves to help locate a lump or abnormality to remove tissue samples.

Guidelines on Having a Mammogram*

- Women with an average risk of breast cancer should undergo regular screening mammography by age 45
- Women who are 45 to 54 years should be screened annually
- Women who are 55 and older should transition to biennial screening or have the opportunity to continue screening annually
- Women should have the opportunity to begin annual screening between the ages of 40 and 44
- Women should continue screening as long as their overall health is good and they have a life expectancy of 10 years or more

*American Cancer Society

You're never too busy for your annual mammogram

One in eight women will develop breast cancer in her lifetime, according to the American Cancer Society®. Breast cancer is most treatable in its early stages, and the best form of early detection is mammography.

When you come to the Manatee Diagnostic Center, you will receive a safe, complete digital mammogram and instructions for monthly breast self-examination.

The highly trained female staff, registered mammography technologists, and interpreting radiologists, as well as our equipment are all accredited by the American College of Radiology and certified by the Food and Drug Administration (FDA).

